



## NATIONAL HEALTH INSURANCE FOR NON-EU STUDENTS

If there are no specific agreements between Italy and your country, you are recommended to enrol in the National Health Service.

### AVAILABLE SERVICES

- ✓ General practitioner free of charge
- ✓ Cheaper or free (depending on the severity) costs of medical examinations, treatments and tests
- ✓ Hospitalization and surgery free of charge.

If you are going to spend any period of time abroad, you have to buy a private health insurance.

**The enrolment to the NHS is only valid in the Italian territory. If you go abroad you have to buy a private insurance, even in EU countries.**

### HOW MUCH DO YOU HAVE TO PAY?

If you have a stay permit for study purposes and no other income you will pay **700 euros/solar year**. If you had any income (scholarships are not income) abroad or in Italy in the year before the enrolment you have to declare it to the Local Health Office and you will pay accordingly (7.5% of your income if under 20k/year, minimum contribution 700 euros).

If you have dependants here in Italy, the total fee for all of you will be of 2000 euros/calendar year.

### HOW TO PAY?

Fill the F24 form and pay at Post Office or banks. Please fill the section “Contribuente” with your personal details and the section “Regioni” with the following codes:

SEZIONE REGIONI						
codice regione	codice tributo	rateazione/ mese rif.	anno di riferimento	importi a debito versati	importi a credito compensati	
1 8	8846			700*		*2000 if you pay for the whole family
<b>TOTALE</b>				<b>E</b>	<b>F</b>	<b>SALDO (E-F)</b>

### HOW TO ACTIVATE?

Book an appointment at the Health office either in:

- ✓ in Trento (“Centro Servizi Sanitari” - Viale Verona - Block C2) or
- ✓ in Rovereto (Via S.Giovanni Bosco, 6)

**To book:** call the number **0461 371037** (service available only in Italian), and follow the instructions of the automated system. If you do not manage to get an appointment refer to International Mobility Office.

**At the appointment activate the insurance by** submitting the following documents:

- passport
- application form available both at the Local Health Office or on the Health insurance page in our website;
- postal receipt of your stay permit OR stay permit;
- receipt of the 700 euros payment;
- tax code;
- copy of your certificate of enrolment at the University of Trento

At the Health office you will receive a valid paper declaration, called “Tessera di assistenza sanitaria”.

**The validity of the “Tessera di assistenza sanitaria” needs to be always up to date in order to receive medical treatment.** If the validity of Tessera di assistenza sanitaria is only for a short period make sure to visit again the Health office with your stay permit in order to extend automatically its validity.



## **WHAT TO DO IN CASE OF HEALTH PROBLEMS**

**NOTE:** Make sure to always carry your stay permit and your “Tessera di assistenza sanitaria”.

**For standard/general medical issues** (e.g. flu, prescriptions, etc.): go to your general practitioner (in Italian "medico di medicina generale") and the visit will be free of charge. Home visits are also free of charge. The contacts of your general practitioner will be given to you at the Health office when you activate your insurance.

**For medical examinations and specialist visits** (e.g. ultrasound scan, gynaecological visit, etc.): go to your general practitioner first. You can be given either a paper or a digital prescription. If it is digital kindly ask your doctor to print it out; it will be easier to book your visit.

You should then contact the CUP (Centro Unico Prenotazioni) to book the treatment as follows:

- by phone: calling 0461 379400 from a mobile phone or 848 816 816 from a landline. Operators only speak Italian;
- online: only for some visits. Go to the website [cup.apsss.tn.it](http://cup.apsss.tn.it). Enter your tax code and card identification number (the number you find at the back of the *Tessera di assistenza sanitaria*). Enter the code on prescription form or the digital prescription and search for a visit. Information about the venue, date and time of the appointment will be displayed once booked;
- in person in Rovereto only: at the Local Health Office between 14:00 and 17:45, Monday to Friday.

You will pay the fee on the day of the visit.

If you cannot make it to the visit, make sure to cancel your reservation within 10 am of the business day before the appointment at the latest. Otherwise, you will be asked to pay the ticket anyway, even if you have not been seen by a doctor.

**Emergency doctor service** (outside the opening time of your general practitioner): you can go to the "guardia medica" (i.e. the on call-doctor) for emergency medical treatments during the night, the weekends or on public holidays. In order to access the on call-doctor service **call 116117 beforehand** and you will be given a specific appointment.

Guardia medica” in Trento: via Paolo Orsi 1 in front of the S. Chiara Hospital

Guardia medica” in Rovereto: inside the Hospital - Corso Verona, 4

In order to call a taxi to take you to the emergency doctor service, call 0461 930002 for Trento, and 0464 480066 for Rovereto.

**For emergencies:** if you go directly to **the hospital’s casualty ward (“Pronto Soccorso”)** you will be asked if you are in pain and, if yes, its severity: depending on the seriousness of your problem you will be given a colour code. Admittance will depend on this order, not on the time of your arrival. If you have a white code (no pain), you may have to wait for some hours before seeing a doctor. You will be asked to pay a fee and its amount varies according to the colour code. You indicatively will have to pay as follows:

CODE	SERIOUSNESS OF TREATMENT	VISIT AT THE PRONTO SOCCORSO	WITH SPECIALIST VISIT, FURTHER EXAMINATIONS
WHITE	Not urgent	25.00 euros	75.00 euros
GREEN	Quite urgent	-	50.00 euros
LIGHT BLUE	Deferable urgent	-	-
YELLOW	Urgent	-	-
RED	Priority	-	-

**TRENTO MAIN HOSPITAL:** Largo Medaglie D'oro, 9 – Trento / Ph. 0461 903111

**ROVERETO HOSPITAL:** Corso Verona, 4

**Ambulance:** In case of emergency, accidents or in case you cannot reach the Hospital by yourself, you can call an ambulance or urgent medical assistance by calling the number **112**. **112 is the emergency telephone number** (free of charge) for emergency services (ambulance, fire fighters, police) valid for all European Union countries. The call centre operates 24/7 with a simultaneous translation service in 14 languages.